

22 [for] we know that the whole creation
has been groaning as in the **pains of childbirth**.

23 and we ourselves, groan inwardly as we wait eagerly for our **adoption** to **sonship**.
24 For in this hope we were saved.

(2.28)

26 And the Spirit helps us in our weakness.
We do not know what we ought to pray for,
but the Spirit himself **intercedes** for us through wordless groans,
in accordance with the will of God.

[2.40 - music change]

28 And we know,
that in **all things**
God works for the good of those who love him,
called according to his purpose.

29 For those God foreknew,
he also **predestined**

30 And those he predestined, he also **called**;
(2.55 - Beat comes in)

those he called,
he also **justified**;
those he justified, he also **glorified**.

